

# **©MASSAGES**<sub>2</sub>

## **Back Neck and Shoulder**

Through the Swedish technique this concentrated massage eases muscle tensions and improves circulation in the tensest area of the body. 30 minutes 55 00

## Swedish Massage

A popular full body massage which uses medium pressure to increase circulation relieve tension and create a heightened sense of well being. An excellent massage for a first time guest of the Spa. 60 minutes 75.00 90 minutes 105.00

## **Desert Stone Massage**

Relax and unwind with the stones of the desert. The heated rocks and aromatic oils will melt away stress from everyday life and bring you back to one with nature. This is one treatment you must try and will never forget. 90 minutes 130.00

Shiatsu

An acupressure massage based on the philosophy of the Oriental Meridian System. In this massage, pressure is applied to specific points in order to aid in the relaxation and balancing of the body and soul. 85.00 60 minutes

## **Oasis Restorative Massage**

A deep tissue massage concentrating on specific muscle groups. Hot towels and analgesic lotions are used to encourage the body's ability for self healing. The finishing touches sooth and calm the nervous system, allowing the body to restore itself to good health.

60 minutes 90 minutes

90.00 120.00

## Lymphatic Aromatherapy Massage

This massage technique relaxes the muscles and aids in the removal of toxins from the body. Applying natural aromatic essential oils with light

pressure and repetitive strokes directed towards the heart and across the lymphatic system is known to stimulate lymphatic circulation. Relax in the clouds and return showered in the scents of the rainbow. 60 minutes

## **Pregnancy Massage**

Our Pregnancy Massage is designed especially for pampering the expectant mother. Massage during pregnancy can help improve circulation and sooth tired aching muscles. In this relaxing massage, special cushioning supports are utilized to ensure comfort and alleviate added stresses on the body. 60 minutes 80 00

## **Tandem Massage**

An inspirational journey of deep relaxation to sooth the body, mind and spirit. Allow two professionally trained therapists to transport you to paradise. 60 minutes 160.00

## **Oasis Golf Special**

A combination of our thirty minute rejuvenating water treatment and a thirty minute neck, back and shoulder massage will loosen up tight muscles and help relieve tension. 60 minutes 70.00

## Aromatherapy Upgrade

Choose from three different blends of essential oils designed to purify, revitalize or energize your system. (Not recommended for pregnancy 15.00massage.)

## **Couples** Massage

Spend time together as a couple in our couple's treatment room, where two trained therapists work side by side to create a unique experience. Choose to upgrade to a couple's setting from many of our massages treatments for an additional fee of \$5.00 more per person. (Inquire for available treatments.)

80.00

# **©FACIALS**<sup>2</sup>

## **Oasis Cleansing Facial**

French botanicals and the latest in skincare technology are blended to purify and nourish your skin leaving it noticeably firmer and more radiant. Our signature facial includes cleansing, steam, exfoliation, extractions (if requested), mask, toning and moisturizing. Massage of the face, neck and shoulders will help to relieve stress and tension that can lead to premature aging. 60 minutes 75.00

## Vitamin C+ Facial

Research has proven Vitamin C+ as a powerful antioxidant. Our highly active Vitamin C+ facial helps to fight the effects of premature aging and hyper pigmentation while soothing and hydrating the skin. It is also renowned for its ability to combat the effects of sun exposure, brighten the complexion and stimulate and increase the flow of oxygen to the skin. 60 minutes 85.00 90 minutes 110.00

## Anti-Aging Collagen Facial

An emulsion of deep hydration for the skin! Collagen encourages hydrating, healing and regeneration by improving the support structure of the skin. Quench your skin's thirst for moisture and nutrients while reducing lines and wrinkles with our collagen facial. 60 minutes 85.00

90 minutes

85.00 110.00

#### The Dermalogica Exfoilant Accelerator

A professional strength exfoliation treatment customized based on your specific skin type and condition. This breakthrough exfoliation system is designed to enhance the action of Dermalogica's active ingredients while stimulating cell renewal and improving the texture and tone of your skin. 60 minutes 100.00

#### **Back Facial**

Enjoy all of the benefits of our signature cleansing facial for the back. Our enticing back facial includes deep pore cleansing, exfoliation, extractions, mask and massage. 60 minutes 75.00

## Gentleman's Facial

A facial specifically designed with men's skin care needs in mind. A deep cleansing facial with exfoliation and fruit enzymes to refine lines and renew youth and vitality. Please shave at least two hours prior to treatment. 60 minutes

## **Oxygen Facial**

Oxygen is a life-sustaining element. Without oxygen, energy, metabolic function and regeneration cannot occur. Using the most current skin care technology available, a combination of concentrated molecular oxygen and vital skin nutrients are misted on to the skin assuring that oxygen delivery occurs in its purest, most energizing and vital form. 115.00

90 minutes

#### **Refresher Facial**

For those who would like to experience a facial, but may be short on time, our half hour minifacial may be just right for you. Cleansing, exfoliation and rehydration will make a splendid treat for your face. (No extractions) 30 minutes 55.00

# **\$FACIAL ADD-ONS**?

Add to your existing facial with the following add-ons to give your facial a boost!

#### Oxygen Add-On

Intensify the benefits of any of our existing facial treatments with concentrated molecular oxygen and vital skin nutrients. Facial add-on 20.00

#### **Enzyme Treatment**

Replenish lost vitality by removing dull lifeless skin. Our fruit enzyme peel will hydrate and soften the epidermis, while gently revealing brighter healthier skin, by promoting cell regeneration. Facial add-on 20.00

#### Eve & Lip Treatment

This specifically formulated treatment is designed to smooth and refine the eye and lip contour. A must have for dry, tired skin. Our eye and lip mask contains elastin, collagen, chamomile and blueberry extract. (Included in the Collagen Facial) Facial add-on 20.00

80.00

# *w***WAXING**

Rid yourself of unwanted hair with depilatory waxing. Appointments for waxing services with our Aestheticians are available upon request.

Lip, Chin, Eyes - Choice of one	12.00
Lip, Chin, Eyes - Choice of two	20.00
Lip, Chin and Eyes	25.00
Full Face	35.00
Bikini	25.00
Back	40.00
Arms	30.00
Under Arm	25.00
Half Leg	30.00
Full Leg	45.00

# **©BODY CARE TREATMENTS**

## Mango Body Scrub

The tantalizing aroma of the tropics fills the air while sea salts smooth and exfoliate the skin. Enjoy the half hour session of this healing treatment. Or consider the full hour treatment, which allows the salt to relax and sooth sore, achy muscles in our hydrotherapy bath followed by a light moisturizing massage.

30 minutes

#### **Ultimate Body Scrub**

Choose from revitalizing citrus, refreshing mango, or relaxing lavender custom blended with sea salts and moisturizers to melt away stress and exfoliate your skin. Followed by a private Jacuzzi bath, the treatment culminates with a light 45-minute massage.

90 minutes

## **Chocolate Raspberry Body Scrub**

Tantalize your taste-buds with this chocolate raspberry treat! The treatment begins with an aromatic exfoliating chocolate salt scrub. It is followed by a skin softening milk bath and ends with a ripe raspberry moisturizing massage. 60 minutes 75.00

55.00 75.00

115.00

centrated in antioxidants, green tea can sooth the skin and help reverse the damaging effects of the desert wind and sun.

60 minutes 90 minutes

75.00 110.00

## **Body Butter Wrap**

The luxury of soft, glowing skin is achieved through a lymphatic dry brushing of the skin to remove dead skin cells and improve circulation. This process is followed by a liberal application of deep conditioning body butter. Your body is then wrapped to promote the ultimate skin softening and hydration benefits. 85 minutes 90.00

### Hawaiian Clay Body Wrap

Recommended for intensive purifying and detoxing of the skin. Imported from Hawaii, the volcanic content of this clay is sometimes referred to as Hawaiian "kula" or gold. It possesses properties that revitalize the body as it helps the skin to regain its natural balance. 90.00

60 minutes 90 minutes

## Indian Sunset Body Wrap

A rich clay from the southwest is applied to the body after the skin has been lightly exfoliated with a lymphatic dry brushing. Active minerals work to balance, strengthen and beautify the skin while you are wrapped in a cocoon of warmth. A moisture rich lotion is then massaged into the skin leaving it soft and supple. 60 minutes 90.00

90 minutes

110.00

110.00

## Warm Oil Hair and Scalp Treatment

The complete relaxation of the entire body can be achieved through the treatment of the scalp. Botanical nutrients and oils are massaged into the hair cuticle and scalp to re-establish moisture and balance. Get ready to have your spirits soar! 60 minutes 75.00

## Oasis All 4 one

The perfect way to pamper yourself. This treatment allows you to experience four body care treatments in one. Exfoliating marine salts and vitamized jojoba oil are combined to cleanse impurities, stimulate circulation and smooth the skin. After a soothing bath, the algae, rich in vitamins A, B, C and E, as well as iodine, trace elements and iron, is applied to the skin. You are then wrapped as the product penetrates and remineralizes the skin. Following the wrap, a hydrating solution is massaged into the skin. 90 minutes 125.00

# **SALTERNATIVE THERAPIES**

## **Moor Mud Bath**

You will soak in your own private jetted hydrotherapy tub, allowing your skin to absorb Moor mud containing more than 1,000 herbs, plants, flowers and a host of trace elements, natural antibiotics and vitamins. This bath will deeply cleanse your pores, detoxify and exfoliate, leaving your skin feeling soft and smooth. 30 minutes \_\_\_\_\_50.00

Couples 30 minutes

## Reflexology

Treat yourself to the ancient art of Reflexology. Pressure is applied to reflex areas on the hands and feet to stimulate a positive effect on your overall health and well-being.

30 minutes

55.00

70.00

# **Deluxe Reflexology**

Indulge as your trained therapist incorporates the use of warm towels, specialized cream, and reflex pressure points on the hands and feet to stimulate relaxation and renewed health. 60 minutes 80.00

## Reiki

The universal life force that abounds in all life can be enhanced through Reiki. The alignment of energy within the body can help alleviate stress and reduce pain and free emotional blocks. Reiki can also improve the connection with one's higher self. 60 minutes 75.00

#### Rejuvenating Water Treatment

Relax in a private Jacuzzi bath featuring salts from highly mineralized veins in the Red Cliffs of Southern Utah, an area that was once part of an ancient sea bed. 30 minutes 45.00

# **Moisturizing Milk Bath**

Desolve your tension in the most relaxing bath-<br/>ing experience this side of heaven. The humectant<br/>properties of milk and Vitamin E pump the new<br/>skin's cells with moisture so you emerge with silky<br/>& supple skin.<br/>30 minutes45.00<br/>65.00

# SPA DAY PACKAGES

Let the Oasis pamper you with our indulgent packages designed to give you the ultimate Spa experience. No substitutions on packages. Same day booking per person.

### **Desert Dream**

Warm Oil Hair and Scalp Treatment, Desert Stone Massage, Refresher Facial, Ultimate Body Scrub 319.00

## **Total Body Affair**

Swedish Massage, 1/2 hr Reflexology Mango Body Scrub and Cleansing Facial. 239.00

## **Oasis Delight**

Refresher Facial, Swedish Massage, Rejuvenating Water Treatment and Green Tea & Aloe Body Wrap 209.00

## Pampering for the Mother to Be

Pregnancy Massage, Refresher Facial and Warm Oil Hair and Scalp Treatment 189.00

#### **Two Hours of Heaven**

Cleansing Facial and Swedish Massage 139.00

## **Oasis Golf Special**

Rejuvenating Water Treatment and 30-minute Back, Neck and Shoulder Massage. 1 Hour 70.00

#### **Couple's Treatments**

Spend time and relax together as a couple with two of our massage therapists.

Many of the treatments at the Spa at the Oasis can be enjoyed in a couple's setting for an additional fee of \$5.00 per person.

## Spa Sampler

Book any three treatments, receive 10% discount. Spa day package must be requested when appointments are booked to receive discount.

Please note: Each spa package must be used the same day by the same person to receive the 10% discount.



# Welcome to the Ultimate Spa Sanctuary

A getaway at the Spa at the Oasis is not only a vacation for the body but an adventure that celebrates the inner need for harmony and peace.

Choose from our extensive variety of massages, facials and body care treatments and add a touch of serenity to your life.

Treatments are designed to improve circulation, hydrate the skin and nourish the soul. Let our knowledgeable staff create a truly unique experience for you.

ne Rife is a Gift on

Enjoy the tranquility of the Spa at the Oasis

#### CANCELLATION POLICY To cancel or reschedule your appointment, please notify us at least 24 hours in advance.

If we do not receive cancellation 24 hours prior to the scheduled appointment, fifty percent of the treatment cost will be charged. All cancellations must be verified with a cancellation number.

#### RESERVATION INFORMATION

For reservations and information, call the Spa at ext. 3551. Certain treatments are not available every day. No children under the age of 18 are permitted in the Spa. A major credit card is required to guarantee all reservations. Availability is limited on the weekends. We recommend booking in advance to secure times

and treatments. We recommend arriving at least fifteen minutes prior to your scheduled treatment. Please keep in mind that arriving late will limit the time of your treatment; your treatment will end on time so that the next guest will not be delayed.

The Oasis Resort does not accept liability for personal belongings and is not responsible for lost or stolen items.

#### **AMENITIES**

Robes, towels, and lockers are available for your use while you enjoy your stay at the spa.

Our spa also features a beautiful heated mineral pool and a relaxation room.

We encourage our guests to bring a swim suit and arrive early if they would like to use our pool facility.

#### HOTEL GUESTS

Hotel guests not receiving spa services may use the facility for a nominal charge.

#### GRATUITIES

Gratuities are not included but are appreciated for exceptional service. All spa treatments & prices are subject to change.

> HOURS 7:00 am - 9:00 pm daily



897 W. Mesquite Blvd. Mesquite, Nevada 89027 1-800-21-OASIS